

DROP-IN SWIM SCHEDULE

October 11- December 19, 2025

*Limited main pool space between 7:00a-8:30a & 3:00p-8:00p Monday to Thursday

*The main pool is only open for those using the inflatable on Monday's 6:30p-8:30p and Wednesday's 1:00p-3:00p



	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SWIMMING LESSONS	11:00a-1:00p		3:30p-5:30p	9:30a-11:30a 3:30p-5:30p	3:30p-5:30p	9:30a-11:30a 3:30p-5:30p	
WATER FITNESS	9:00a-9:50a Shallow 10:00a-10:50a Deep	6:00p-6:50p Shallow 7:00p-7:50p Deep	9:00a-9:50a Shallow 10:00a-10:50a Deep	6:00p-6:50p Shallow 7:00p-7:50p Deep	9:00a-9:50a Shallow 10:00a-10:50a Deep	9:00a-9:50a Shallow 10:00a-10:50a Deep	6:00p-6:50p Shallow 7:00p-7:50p Deep
PUBLIC SWIM	1:00p-8:00p	12:00p-5:00p	6:30a- 1:00p 3:00p-9:00p	6:30a- 1:00p 3:00p-9:00p	6:30a- 1:00p 3:00p-9:00p	6:30a- 1:00p 3:00p-9:00p	9:00a-1:00p 3:00p-9:00p
FAMILY SWIM	11:00a-1:00p						
WATERSLIDE	11:30a-3:30p 4:00p-7:30p	12:30p-4:30p	4:30p-8:30p	4:30p-8:30p	4:30p-8:30p	4:30p-8:30p	4:30p-8:30p
DIVING BOARDS			Closed 3:00p-7:45p		Closed 3:00p-7:45p		
BOUNCY RUN	5:30p-7:30p						

	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SEALS			6:30a-8:00a (7 lanes) 4:00p-6:00p (6 lanes)		6:30a-8:00a (7 lanes) 4:00p-6:00p (6 lanes)		
DARTS	10:00a-11:00a		6:00p-7:00p		6:00p-7:00p		

SPECIAL TIMES:

- October 13th: Thanksgiving OPEN 1:00p-5:00p
- October 27th/28th: NID OPEN all day (6:30am-9:00pm)
- October 27th/28th: The Bounce Run OPEN 1:00p-3:00pm
- November 11th: Remembrance Day OPEN 1:00p-5:00p
- November 28th: NID OPEN all day (9:00am-9:00pm)
- November 28th: The Bounce Run OPEN 1:00p-3:00p
- Toonie Swim: October 19th, November 16th, December 21st (12:00p-5:00p)

BOUNCY RUN RULES:

- All users, including adults, must wear a lifejacket on the inflatable
- Water shoes are not permitted on the inflatable
- Max 2 people allowed on the inflatable at once
- Feet first down the slide
- No pausing at the top of the slide

LESSONS:

- Set 1: June 30th – June 11th (9 Days) (No Class July 1st)
- Set 2: July 14th- July 25th (10 Days)
- Set 3: July 28th- August 7th (8 days) (No Class August 4th and 8th)

SWIM MEET EVENTS:

- Highschool is a limited time- Updated details in September.

Kenn Borek Aquatic Centre

WALL SCHEDULE

October 11th- December 19th, 2025

* Toonie Climb: July 27 & August 10 1:30p-5:00p



	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
DROP IN	11:15a-1:00p 1:30p-5:00p	1:30p-5:00p	5:00p-8:45p	5:00p-8:45p	5:00p-8:45p	5:00p-8:45p

SPECIAL TIMES:

- October 13th: Thanksgiving OPEN 1:30p-4:30p
- November 11th: Remembrance Day OPEN 1:30p-4:30p
- Toonie Climb: October 19th, November 16th, December 21st (1:30p-5:00p)
- Belay Classes: October 26th & November 30th 10:00a-12:00p

ADVANCE COURSES

October 11th- December 19th, 2025

These two courses are designed to help individuals become certified Aquafitness instructors. You may register for Part 1 OR Part 2 separately; HOWEVER, both courses are required to receive full certification to teach Aquafitness.

- Canadian Aquafitness Leaders Alliance (CALA Workshop for credits)
 - September 25th: 9:00a-6:00p

This is for certified instructors who need their fitness credits for the year.

This course will give you Credits for the following: canfitpro, CCA, BCRPA, SPRA, CFES, NBFA & CALA CEC)

- Climbing Gym Instructor (level 1) CG1: (3-day course):
 - October 3rd: 5:00p-9:00p
 - October 4th & 5th: 9:00a-6:00p
 - <https://tapacmg.ca/cgi.php> (This is the link to sign up for this course)
- Standard First Aid\Intermediate Level (SFA) (2-day course):
 - October 23rd & 30th: 8:00a-4:30p
- National Lifeguard Course (NL) (7-day course):
 - November 14th: 5:00p-9:00p
 - November 15th & 16th: 9:00a-6:00p
 - November 26th: 5:00p-9:00p
 - November 28th: 9:00a-6:00p
 - November 29th & 30th: 9:00a-6:00p
- Standard First Aid\Intermediate Level (SFA) (2-day course):
 - November 20th & 27th: 8:00a-4:30p

- **National Lifeguard Re-Cert (NLR) (2-day course):**
 - December 7th: 9:00a-6:00p
- **Standard First Aid\Intermediate Level (SFA) (2-day course):**
 - January 22nd & 29th: 8:00am-4:30p
- **Lifesaving Swim Instructor Course (6-day course):**
 - January 9th: 5:00p-9:00p
 - January 10th & 11th: 8:00a-5:00p
 - January 16th: 5:00p-9:00p
 - January 17th & 18th: 8:00a-5:00p
 - **Co-teaches will be held February 2nd-March 5th**
- **Standard First Aid\Intermediate Level (SFA) (2-day course):**
 - February 19th & 26th: 8:00am-4:30p
- **Emergency First Aid\Basic Level (EFA):**
 - March 12th: 8:00am-4:30p
- **Bronze Medallion (5-day course):**
 - March 16th-20th: 9:00a-3:00p
- **Bronze Cross:**
 - March 23rd-27th: 9:00a-3:00p